



Austrian Open Kumite Championships Vienna 11.06.2017

KUMITE RULES

All fighters must have:

- disclaimer for tournament participants,
- personal photo identity document,
- individual insurance,
- medical document about the good health of the competitor.

Category: Kumite Adults

Participants starting in the Kumite Adults competition:

- must be over 18 years old,
- have minimum 3 years of training,
- all fighters must wear a white karate-gi,
- man must be wearing groin protection under their white karate-gi,
- women must be wearing breast protection (cups only) and cotton shin-foot protectors for the legs under their white karate-gi.
- mouth guard is optional.

Fighting duration:

Men – 3, 2, 2 weighing, 2 min.

Women – 2, 2, 2 weighing, 2 min.

Kumite Men:

The participant, with a weight difference bigger than 5 kg loses. In the heaviest category, the difference between the weights has to be bigger than 10 kg.

Kumite Women:

The participant with a weight difference bigger than 4 kg loses. In the heaviest category, the difference between the weights has to be bigger than 8 kg.

Category: Kumite Junior and Cadets

Participants starting in the Kumite Junior and Cadets competition:

- Junior must be between 17 -18 years old (2000-1999),
 - Cadets must be between 15-16 years old (2002-2001),
 - have minimum 3 years of training,
 - players will compete in helmets supplied by the organizer,
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- all fighters must wear a white karate-gi,
 - all fighters must bring their own cotton shin-foot protectors and cotton fist protectors, suspensor for boys and the cup-shaped breast protector for girls,
 - mouth guard is optional.

Tournament committee

Shihan Marek Kubek, 5. DAN

Country Representative / WKO Branch Chief

AKKO President

Address Barichgasse 21-2-15, 1030 Wien, Austria



SHINKYOKUSHIN - Austrian Kyokushin Karate Organization

Shihan Marek Kubek 5. Dan, marek.kubek@shinkyokushin.at, www.shinkyokushin.at

Techniques:

Foot techniques on Jodan zone can be made with controlled strength.

They may be used foot technique on jodan zone: Mawashi-geri, Ura-mawashi-geri, Uchi-mawashi-geri, Ushiro-mawashi-geri, Soto-mawashi-kage, Uchi-mawashi-kage.

Foot techniques on Chudan and Gedan zone all full-contact. Manual techniques on chudan zone by fist and elbow.

Fighting duration:

Junior Men and Women – 2, 2, weighing, 2 min.

Cadets Boys and Girls – 2, 1, weighing, 1 min.

The participant with a weight difference bigger than 3 kg loses. In the heaviest category, the difference between the weights has to be bigger than 5 kg.

Category: Kumite Senior +35 years

Participants starting in the Kumite Senior competition:

- must be between 35-50 years old (1982-1967),
- have minimum 3 years of training,
- must wear a white karate-gi,
- must be wearing groin protection under their karate-gi and cotton shin-foot protectors.

Techniques:

- Foot techniques on Jodan zone can be made with controlled strength. They may be used foot technique on jodan zone Mawashi-geri, Ura-mawashi-geri, Uchi-Mawashi-geri, Ushiro-mawashi-geri, Soto-mawashi-kage, Uchi-mawashi-kage, Kakato-otoshi, Kaiten-geri,
- Foot techniques on Chudan and Gedan zone all full-contact.
- Manual techniques on chudan zone by fist and elbow.

Fighting duration:

Senior +35 Men – 2, 1, weighing, 1 min.

The participant, with a weight difference bigger than 5 kg loses. In the heaviest category, the difference between the weights has to be bigger than 10 kg.

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